

Smoke Signals

FEB/MAR 2013

ARROWHEAD IMPROVEMENTS ASSOCIATION



Photo by Melissa Hernandez, ASC; Facebook

Thank You Arrowhead's Finest!

Brent Mims, AVFD Fire Chief reported that the forest debris pile burn was completed on Saturday, January 26th. Mims further stated that the ignition operations took place *"like they had been choreographed,"* which is a great testament to the many hours our AVFD firefighters spend training.



Photo by Lucia Lebon & Will Hobson



A.I.A. Newsletter - Website: www.arrowhead1.org
<mailto:aiasmokesignals@gmail.com>

FROM YOUR BOARD OF DIRECTORS...



Bobbie Kerns
President



Mike Wigent
Vice President



Al Hale
Treasurer



Barrie Riddoch
Secretary



Carol Flick, BOD



Sharon Pugh, BOD



Linda Squirrell, BOD

Meet your 2013 Board of Directors

We, your Board of Directors are committed to serve all the people of Arrowhead.

On Saturday, January 19th, each Director made the following pledge:

- a. To keep in confidence all sensitive information.
- b. To respect the majority rule.
- c. To respect all Board members.
- d. To serve the whole community.
- e. To set aside individual needs and desires.

All Board Meetings and Workshops (except Executive Sessions), are open to the owners. Please attend, learn what's going on in Arrowhead and meet your neighbors.

"People create the quality of their government through participation or neglect."

-Colorado Municipal League

President's Message



Dear Arrowhead Owners:

As the new President of the Arrowhead Improvements Association Board of Directors, I am excited about all that lies ahead for our beautiful community this year.

You have only to browse through this issue of Smoke Signals to see how active our community is, even in these cold winter months. Volunteerism is one of the hallmarks of Arrowhead owners and we are blessed to have firefighters, first responders, design review participants, brush and tree trimming crews, providers of slash hauling vehicles, along with web and newsletter writers, designers and editors. These are just a few examples, there are many more.

It seems that everywhere you look, winter or summer; you'll see people pitching in to help each other. This entire issue of the Smoke Signals was put together by volunteers! Because that is what we do in Arrowhead and we do it well.

The Board of Directors is another volunteer group that is constantly working behind the scenes to make sure that Arrowhead runs smoothly. Even though the Directors act in a volunteer capacity, they bring a myriad of skills and experience to their role as leaders. **Mike Wigent**, Board Vice President for example, calls upon his background to bring open mindedness and a sense of fairness to the owners of Arrowhead. While **Barrie Riddoch**, Board Secretary, with a degree in Aerospace engineering coupled with 38 years with the U.S. Navy, brings the discipline and attention to detail required when managing the affairs of the AIA. Barrie is also a member of two other HOA's, so he has the perspective on the issues owners can face living in a covenant protected community. After many years working in senior management of manufacturing companies, **Al Hale**, Board Treasurer, is aware of the importance of a careful budgeting process and projecting an accurate financial plan; he watches our bottom line. **Linda Squirrel** is another valued member of the Board who has attended almost every AIA Board meeting over the past 25 years and has worked with numerous county entities during that time to protect Arrowhead's interests. **Sharon Pugh**, with 35 years' experience in the telecommunications industry, created and managed high performing teams by encouraging everyone to work to their maximum potential. **Carol Flick** relies on her extensive background in education to present a balanced perspective of the issues and solutions for all Arrowhead owners.

As you can see, your Board brings a diverse perspective to their roles in governing our Association, yet we all have one common goal; to serve you.

Bobbie Kerns, President
 Arrowhead Improvements Association
<mailto:bobbiekerns2013@gmail.com>



FIRE CHIEF'S MESSAGE

Brent Mims



<mailto:avfdchief@gmail.com>



With spring around the corner, the Arrowhead Fire Department would like to bring several points to the attention of Arrowhead residents.

Recently, the Western Region Wildfire Council invited its members to look back at a video production that was aired in 2008. I would like to invite Arrowhead residents to view this video at the following link: http://www.youtube.com/watch?v=NMK_IREGZdk
In this video, the chief of fire operations for the federal government makes an interesting statement: **"10 years prior to this filming a 100,000 acre fire was a large fire and one or two of those might occur in the American west in a fire season."**

The interesting thing about this video is that, because hindsight is 20/20, a comparison of predictions and actual statistics can be made. The national interagency fire center records indicate that in the 2012 fire season the following acres were burned in western states:

Colorado = 251,843
Arizona = 216,025
Idaho = 1,538,092
New Mexico = 372,497
Oregon = 1,256,049

The other concern for Arrowhead residents is the persisting drought. The Colorado Office of Emergency Management conducted a meeting on this topic on 1/22/2012. The following are some bullet points from that meeting:

- January has been one of the coldest months on record and there is discussion that this was so cold and so sustained that this actually might significantly harm the pine beetle population.
- The Drought Monitor Index is showing the central two-thirds of Gunnison County to be in extreme drought. Many other areas around the state are in extreme or exceptional drought. It's January....
- Not a single watershed in the entire state is forecast to flow at 100% this year.
- To make matters worse, current storage in three basins (Colorado, Gunnison, and SW) are the lowest they've been since 2002-2003, so we don't have that to bank on like we did last year. Every other watershed is also at it's lowest in seven years.
- We may get some snow and colder weather over the next two weeks (finally!), but this isn't expected to sustain longer than that. February is not currently looking good, but the hope is that things will rebound slightly as March comes around. This is what normally happens, although last year, it pretty much stopped snowing after March 1st.

Please keep these things in mind as we approach the spring and summer seasons in Arrowhead. We want to have a safe and enjoyable year!

As always, I invite all community members to become active in our fire department. To learn more please attend a training or contact the fire chief or current member.

Brent Mims

Arrowhead Fire Department - Chief



Reinie Masanetz

<mailto:reinie@fone.net>



Security's Message



Our winter season is well underway here at Arrowhead. We made it through the Holidays without any incidents and I'd like to commend all of our property owners and their guests, for following our winter rules. The winter parking lot did reach its full capacity during the holidays, as it does each year, but it seems that everyone was still able to find a parking space.

Please remember not to park your vehicle in the specifically marked "Trucks with Trailers only" row, as these spaces are to be used for that purpose only. Otherwise trucks with trailers that cannot find a space, will park alongside the burms and this hinders traffic and effects our heavy road equipment also.

Security personnel are trying their best to break trail into your driveway after each heavy new snowfall. A **big thank you** goes out to all of those residents that have clearly marked their driveways. There are still several driveways that have not been marked and I cannot stress what a serious safety issue this presents to the Security Officer, who is riding and the possible damage to the security snowmobile; related to hidden or covered objects under the snow. A few such incidents have already happened this season.

Security's policy when handling personal information of Arrowhead residents (i.e. phone numbers, e-mail addresses, cabin address, location, etc.), is that Security will take down the name & phone number of the person inquiring and Security will then relay this information to the Arrowhead resident; who can decide how to handle it. Phone books from Gunnison, Montrose and Nucla, (which lists Arrowhead resident's phone numbers), are available in the warming hut in the winter parking lot, if you need to obtain information.

Please welcome the newest addition to our Security Team, Mike Hunt. Mike will be working in the capacity as a reserve Security Officer and will back up our team when the situation arises.

Do be courteous to all pedestrians and cross country skiers and keep off the cross country ski trails with your snowmobile.

If you have any questions or concerns, please contact the Security Officer's cell phone number at 970-209-6333 or leave a message at 970-862-8262.

*Reinie Masanetz,
Security Manager*



Joyce Boulter

<mailto:joyce.boulter@gmail.com>



Design Review Message

Right now we are covered with snow and it is beautiful. Temperatures have varied from -10 or more to 38. We are looking for more snow and colder temperatures. A word to owners, new and old, about spring in Arrowhead; spring is usually around Memorial Day or end of May. This is the time that the snow has melted and the roads are dry enough to drive equipment over. Otherwise you hit our famous mud season and it is not pretty.

So far I have plans for one garage, but several owners have indicated they will be doing some sort of building this summer. Please get your plans in early so we can review them and have the permit for you to work or send to the county. Read the design review Regulations before you start. It is so much easier to ask permission than forgiveness later.

Design Review 2013 Meeting Dates:



February 11

March 11

April 15

May 13

June 10

July 15

August 12

September 9

October 14

The meetings are held in the Firehouse Office, at 10:00AM for Feb, Mar and April; and 9:00am, for May, June, July, August and September.

October meeting is optional.

Joyce Boulter, Manager





Most of us have a few days when we experience the winter blahs and cabin fever, especially in April, when we are waiting for the snow to melt. These symptoms are usually short lived and disappear as soon as we have a few sunny days. I went to Alaska this last summer for some great fishing. We had about 20 hours of daylight. I think the whole state must be SAD in the winter with about 20 hours of dark.

Seasonal affective disorder (SAD) is a depression that occurs mainly in the winter, but may also occur in the summer. It usually occurs after the age of 20, is more common for older people and more often in northern regions. The symptoms include:

- An increase in appetite, usually for sweet or starchy foods
- Weight gain
- Drop in energy level
- Fatigue
- Oversleeping and irritability
- Difficulty in concentration
- Avoidance of social situations and sensitivity to social rejection

Winter depression is caused, as you would think, by the body's reaction to the lack of light or shorter duration of sunlight. One of the most common treatments is to increase light or sun exposure. It is best to get about 30 minutes of extra sunlight in the mornings. Light tanning beds contain harmful ultraviolet rays.

SAD is a serious depressive disorder that requires treatment by a physician. For a diagnosis of SAD, the symptoms need to occur two winter seasons in a row followed by non-depressive seasons. Summer seasonal disorder is the opposite. It has decreased appetite and weight loss with a high energy level.

Most of us on the mountain are not in jeopardy for SAD, as we have lots of sun and beautiful days. Remember that it is important to use sunscreen during the winter, as well as the summer, to protect your skin from the harmful ultraviolet rays. Exposure to the sun in the early morning or late afternoon is generally safe. About 30 minutes a day is sufficient to keep SAD away.

Joyce Boulter





Although I have resigned as Forest Manager, there are a few lingering matters that I will assist in dealing with. They are:

Bark beetles. To date, all known infested trees have been felled and either removed or wrapped. I will note any new infestation. 8200 MCH packs have been ordered. I will distribute them and assist in putting them out on common land as my time permits. I will put out the traps.

*Bob Rosenbaum, Arrowhead Forest Manager, Ret.
January 10, 2013*

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Help Wanted

COMMUNICATIONS MANAGER

The Board is seeking candidates to fill the position of **Communications Manager**. If you are interested in the position, please contact me via email and a job description will be forwarded to you.

I have temporarily assumed the duties of Communications Manager. I am responsible for the AIA-Arrowhead1.org website, the AIA Facebook page and Smoke Signals. Lisa Ditmore is the Interim Publisher of the Smoke Signals.

Thanks to all those who have contributed articles, photographs, and advertisements at the very last minute.

Barrie Riddoch,
Secretary: <mailto:briddoch@gmail.com>



Get to know your AIA Board Members

Jan. 19th, 2013	Jul. 20th, 2013
Mar. 16th 2013	Aug. 17th, 2013
May 18th, 2013	Sept. 14th, 2013
Jun. 15th, 2013	Oct. 19th, 2013

AIA Board Workshops and Meetings are on Saturdays for your convenience. We encourage owners to participate!

Notice

All real estate advertised herein is subject to the Federal Fair Housing Law. The Arrowhead Improvements Association and its publication "Smoke Signals," will not knowingly accept any advertising for real estate which is a violation of the law, either Federal or State. If you feel you have been discriminated against call the Colorado Civil Rights Division at 970-248-7329 or HUD 303-844-6158 or 1-800-669-9777

Arrowhead Improvements Association Board of Directors

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ARROWHEAD IMPROVEMENTS ASSOCIATION, INC.

P.O. Box 89, 101 N. Uncompahgre, #4, Montrose, CO 81402

WEBSITE & NEWSLETTER

www.arrowhead1.org

The *Arrowhead Improvements Association Inc.* is a state non-profit organization. The purpose of the Arrowhead HOA is to unite the property owners of the Arrowhead subdivisions in Cimarron, Colorado; to encourage civic improvements within said area, to encourage community activities including, but not by way of limitation, the beautification, maintenance, and general appearance of vacant and improved lots, filing roads, winter parking lot, entrances, open and recreational areas situated within the area and used in common by its residents; enhance the safety of Arrowhead; facilitate enforcement of any and all building restrictions, protective covenants, and to otherwise act in the interests of the members of the Association.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the Association of the goods or services offered. The opinions expressed in this newsletter are those of the individual authors and not the Board of your Association. Neither, the Board, the publisher, or the authors intend to provide any professional service or opinion through this publication.

News Articles

The deadline for news articles is the 10th of the month before the next bi-monthly issue. Please email news articles to **Barrie Riddoch** at <mailto:aiasmokesignals@gmail.com>. All letters or articles need to include your name and a daytime phone number. All articles must be approved by the editors for publication, or as space permits.

Advertising

The deadline for an advertisement is the 10th of the month before the next bi-monthly issue. To place an ad, please call **Barrie Riddoch** at 435-669-7322 or Email: <mailto:aiasmokesignals@gmail.com>



Interested in knowing what the weather is doing here at Arrowhead?

Here is the link from NOAA :

<http://forecast.weather.gov/MapClick.php?lat=38.346772271536665&lon=-107.37384796142578&site=gjt&unit=0&lg=en&FcstType=text#.TxRhRznR9KM.facebook>





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ARROWHEAD BOOK CLUB READING LIST for 2013

Date:

Book & Author:



January 11th

Major Pettigrew's Last Stand by Helen SimonsonFebruary 8th*Unbroken* by Laura HillenbrandMarch 8th*A Voice in the Wind* by Francine Rivers*June 7th*The Casual Vacancy* by J. K. RowlingJuly 12th*The Forgotten Garden* by Kate MortonAugust 9th*Dog Gone Sailing* by Kevin & Becky Stilley*September 6th*Watch Over Me* by Christa ParrishOctober 11th*Flashback* by Nevada Barr

The Arrowhead Book Club usually meets at 11:30AM on the 2nd Friday in Jan, Feb, March, June, July, Aug, Sept & Oct. *However, in 2013, due to conflicts with the AIA Board Workshop, the June & September meetings will be held a week early. The meetings have previously been held at the Inn, but with the uncertainty of the availability of the Inn, you will be notified by email each month as to the location of the meeting.

For more information or to be put on the email list, call **Linda Dysart 862-8287**.



TAMARACK AT ARROWHEAD, INC.

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Snow Report

by
Linda Dysart

Total snowfall for the season:

103 ½ inches

Base depth: 35"

*Note: base snow depth varies due
to settling, melting, blowing, etc.*

Totals as of 1/29/2013



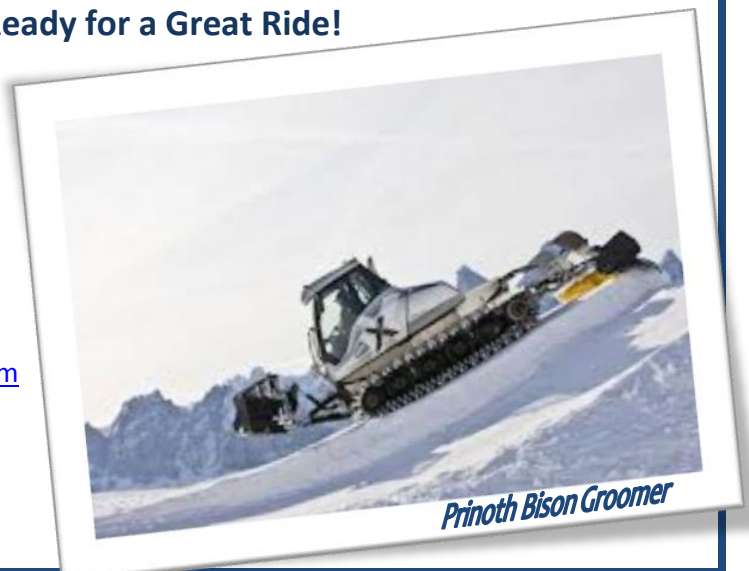
The **Arrowhead Snowmobile Club** will be taking delivery of a 2009 Prinoth Bison groomer in early February. A big thanks to Katie Doss and Lucia Lebon for preparing and submitting a grant request to Colorado Parks and Wildlife for the \$65,000 grant which allowed the Club to upgrade its groomer.

Mark your calendars and plan to join us for the Club's last bon fire cook out and group ride on March 9th. The ride will begin after the Club's monthly meeting which starts at 10:00 am and will be held at Kenny and Katie Doss' cabin. **Everyone is welcome to join us!** Plan to meet at the AIA parking lot at 11:30 am to head up to Willow Park for lunch. A safety presentation will be given by Steve Gauthier, then participants will break out into groups to head back down the mountain. **Get Ready for a Great Ride!**

**ARROWHEAD
SNOWMOBILE CLUB**

CIMARRON, CO

It's not too late to become a member of the Arrowhead Snowmobile Club. Help support your community by Joining! It's easy to join online at www.coloradosledcity.com
For more information about our group rides or membership, please contact Joanie Aufderheide at 970-862-8415 or email her at <mailto:joanauf@nntcwireless.com>



An Elk for Christmas

By Carol McDermott

"Grandma! Look over there," Kaitlin pointed at the passenger-side window.

Grandma was in the front seat and Grandpa was driving, so they looked out the windshield in both directions.

Kaitlin was now big enough to use the seatbelt without a child-safety booster seat, and her ride with her grandparents showed her a whole new world.

"What do you see?" asked Grandma.

"I think they're big cows, but one has a funny horn."

Grandpa chuckled, "That's an elk herd, Kaitlin, and the big elk with the funny horn is a bull elk with quite an awesome rack of antlers."

"There's only one with ... antlers, Grandpa. How come?"

"He's the boss of the herd. The rest are cow elk, and I see some yearlings, too. Might be a spike elk, a young male, there."

"That reminds me," Grandma began, "of the time I got an elk for Christmas."

Kaitlin settled back in her seat. Grandma told great stories.



"It was Christmas time and we were all at the cabin on Alpine Plateau. Mom packed the food cooler and tied it on the back of her snowmobile. I rode in front of her from the parking lot to the cabin, about four miles.

"Dad had the big bin with the other stuff, like twinkly lights for the windows and paper towels, things like that which we needed for the long weekend. Hayes rode in front of him.

"It had snowed a bunch a couple of days earlier, and the deck was pretty deep. Hayes helped me get through the snow to the door.

"While Dad cleared the snow, Mom, Hayes, and I put the lights around the three great-room windows. We didn't have a Christmas tree in the cabin, but we did have one just outside where we could see it from the couch. The tree was almost as tall as the house, now.

"Mom grilled burgers for lunch, then we took a 'family nap.' Dad snuggled into his recliner and was soon snoring. Hayes and I went up to the loft. We didn't have to nap, just play quietly. Hayes always had a book to read.

"Later in the afternoon we played Monopoly®. Hayes always won. Mom said he was probably going to be a real estate tycoon when he grew up. She wasn't far wrong, either.

"We had chili and rice for supper, then watched the video tape of 'White Christmas' on TV. I fell asleep before it was over, and Dad carried me up to bed.

"The cabin was quiet except for the woodstove fan which ran all night. A little bit of light outside made the forest look like the painting in the city library, sort of eerie in a not-scary way. I took my extra blanket and went downstairs to the couch to wait for sunrise. I loved the way the snow on the branches of the evergreens looked at first light.

"I must have dozed off, for the next thing I knew, Dad was making coffee and Hayes was sitting at the kitchen counter laughing at me.

"I didn't care. I just went to the front windows and looked across our little clearing to the forest that separated our lot from our neighbor's. There seemed to be a cloud snagged in the trees. Then ... the cloud got puffier and began to move up. Lots of skinny legs poked out the bottom. Pretty soon, whole animals appeared--elk! Hayes counted over twenty.

"I saw movement out of the corner of my eye and went to the east window by the couch. Under the Christmas tree was a smaller elk with a single point on his antler!

"Mom said, 'He's a spike, a young boy elk, and I think he spent the night sleeping under our Christmas tree.'

"We watched as he pushed up his rear then got his front legs under him. He gave a small shake of his head and looked to where the rest of the herd was getting up. Then he turned toward the cabin and stared straight at me. I think he winked, but Hayes said a wink was a squinch of one eye, while a blink squinched both. Hayes said the elk blinked.

"I didn't care. It was Christmas morning, and I had an elk under the tree for me."



"We're here," Grandpa said. They took Kaitlin inside Weehawken Studio in Ridgway for her ballet rehearsal. She was a mouse in *The Nutcracker Suite*, and had a performance in Montrose in a week.

"I hope Great-uncle Hayes can get away from his bank and come to my show," Kaitlin said as she tied her ballet slippers.

"He wouldn't miss it for the world," smiled Grandma.



Photo by Carol McDermott

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ASK THE VET

by Dr. Larry Brustle, D.V.M.

“Cold and Colds”



This is the time of year when it is cold and snowing outdoors and many of us may suffer from head colds and the flu. The question always comes up this time of year "Can my dog or cat catch a cold or flu from me and I can I catch a cold or flu from them?" The answer is yes and no... The viruses that cause upper respiratory infections and influenza in dogs, cats and horses are not transmissible to people.

Most of us are aware of swine flu which can infect both humans and pigs, but dogs, cats and horses are not susceptible to the viruses that cause head colds and flu in people. Likewise, we are not susceptible to their infections. However, it must be kept in mind that even though viruses live for only short periods of time outside of the body, we and our pets can act as a method to transport the bugs. Therefore, the same precautions such as thorough hand washing to prevent the spread of the flu between people should also be followed to prevent the spread of diseases among animals and people.

Hope you and your pets remain warm and healthy throughout the winter.



If you have any topics you would like discussed in the future, please email me at <mailto:bruestle@centurytel.net>